



ESPECIALES / SPECIALS

PROGRAMA SPARADISE SPARADISE PROGRAMME

90 min 99€

Masaje corporal a elegir, reflexología y masaje craneal
Full body massage to choose, reflexology and head massage

PROGRAMAS DÚO / DUO PROGRAMS

PROGRAMA DIAMANTE DÚO DIAMOND PROGRAMME DUO

Total: 155€

Masaje para dos (40 min), cava, chocolates y circuito termal (1h)
Massage for two (40 min), cava, chocolates and thermal circuit

DIAMANTE ESPECIAL DELUXE DÚO SPECIAL DIAMOND DELUXE DÚO

Total: 175€

Masaje para dos (60 min) en nuestra suite doble con cava, chocolates, jacuzzi privado y circuito termal (1 h)
Massage for two (60 min) in our double suite with cava, chocolates, private jacuzzi and thermal circuit

SPARADISE DIAMANTE DÚO SPARADISE DIAMOND DUO

Total: 220€

Masaje para dos a elegir (90 min) en nuestra suite doble. Jacuzzi privado y circuito termal (90 min) con cava, bombones y zumo de naranja

Massage for two of your choice (90 min) in our double suite. Private jacuzzi and thermal circuit (90 min) with cava, chocolates, and orange juice

N.º1 TENERIFE

DESDE/SINCE 2017

(Paradise Park Fun Lifestyle Hotel)

CERTIFICADO de EXCELENCIA



Tripadvisor

Cheque regalo
Gift certificate



Disponemos de cheques regalo
Gift vouchers available

✉ sparadise@hotelparadisepark.com



Sparadise Los Cristianos

Urb. Oasis del Sur, Hawaii 2 -



Sparadise Spa Tenerife

Hotel Paradise Park, 1er piso



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www.sparadisetenerife.com

Horario / Opening hours:

De Lunes a Sábado de 10:00 a 18:00 h. / Monday to Saturday from 10am to 6pm



SPARADISE

NATURAL THERAPY CENTRE & SPA

CIRCUITO SPA

Sauna, jacuzzi, terma romana, duchas biotérmicas, pozo frío y sala relax

10€

SPA CIRCUIT

Sauna, jacuzzi, steam room, biothermic showers, cold water plunge pool and relaxing room

FACIALES / FACIAL

Mini facial	30min	49€
Facial Oxigenante / Oxygenating Facial	50min	79€
Antiedad Rejuvenecedor Intensivo Intensive Rejuvenation Facial	60min	89€
Facial Deluxe personalizado con masaje linfático Personalised Deluxe facial cleansing with lymphatic massage	90min	99€



MIRADA NATURAL / NATURAL LOOK-EYES

Tratamiento de ojos cansados / Tired eyes treatment	30min	49€
Tinte de cejas o pestañas Eyebrow or eyelash tint	unidad/each	15€
Depilación cejas Shape eyebrows		15€

UÑAS / NAILS

Manicura / Manicure	30€
Pedicura Exprés / Express Pedicure	35€
Pedicura Luxury: exfoliación, masaje, mascarilla y pintar Luxury Pedicure: exfoliation, massage, mask and polish	69€



MASAJE MUSCULAR / MUSCULAR MASSAGE

Muscular profundo / Deep Tissue	50min	79€
Terapéutico / Therapeutic Massage	50min	79€
Fisioterapia / Physiotherapy	50min	79€
Masaje deportivo / Sports Massage	50min	79€
Masaje Sueco / Swedish Massage	50min	79€
Masaje Anti celulítico / Anti Celulite Massage	50min	79€
Espalda, cuello y hombros Back, neck and shoulders	30/50min	49/79€

RELAJANTES / RELAX MASSES

Relajante / Relaxing Massage	50min	75€
Aromaterapia / Aromatherapy	50min	79€
Cabeza y pies / Hand and Feet	50min	79€
Chocolate / Chocolate Massage	50min	79€

ORIENTALES / ORIENTAL MASSES

Masaje Indio de cabeza / Indian head massage	50min	75€
Masaje Thaiandés / Thai Massage	90min	99€
Shiatsu / Shiatsu	90min	99€
Ayurvédico / Ayurvedic	50/90min	79/99€

OTRAS TERAPIAS / OTHER THERAPIES

Masaje Circulatorio / Circulation massage	50min	79€
Acupuntura / Acupuncture	50min	79€
Osteopatía / Osteopathy	50min	79€
Reflexología podal / Foot reflexology	50min	75€
Piernas cansadas / Tired legs	30/50min	55/79€
Piedras calientes / Hot stones	50/90min	79/99€
Drenaje linfático / Lymphatic drainage	50/90min	79/99€
Masaje preamá / Pregnancy massage	50min	79€
Maderoterapia / Wood therapy	50/90min	79/99€

LO MEJOR PARA TI / THE BEST FOR YOU

Masaje personalizado / Personalised massage	50/90min	79/99€
Elige tu tratamiento perfecto / Make your own massage		

EXFOLIACIONES / EXFOLIATIONS

Exfoliación con aromaterapia Body exfoliation with aromatherapy	30min	49€
<i>Ylang Ylang, pomelo, cedro, naranja... / Ylang Ylang, grapefruit, cedar, orange...</i>		
Exfoliación y masaje revitalizante Exfoliation & revitalising massage	60min	79€



RITUALES / RITUALS

RITUAL PERSONALIZADO ANTES / DESPUÉS DEL SOL PERSONALISED RITUAL PRE/POST SUN	120€
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Exfoliación, envoltura y masaje con tratamiento facial
personalizado / Exfoliation, wrap and body massage with
personalised facial treatment

MADRE TIERRA / MOTHER EARTH	120€
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Exfoliación, envoltura, facial y masaje corporal
Exfoliation with wrap, facial and full body massage

VITAMINA C / VITAMIN C	120€
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Exfoliación, envoltura, facial y masaje corporal
Exfoliation with wrap, facial and full body massage

CHOCOLATERAPIA / CHOCOTHERAPY	120€
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Exfoliación, envoltura, facial y masaje corporal con
chocolaterapia / Exfoliation, wrap, facial and full body
massage with chocolate

